

*The July and August classes that take place between 12 and 5pm will be held at St Mary`s Boat Club. (walking distance to Conrose)

SUMMER SESSIONS

10 Sessions Cost \$138 per participant
All prices include 15% tax.

Session 1: Monday to Friday

July 4-15

- 1-1 12pm to 1:00pm Boys & Girls Ages 6-8
- 1-2 1:00 to 2:00pm Boys Ages 9-11
- 1-3 2:00 to 3:00pm Girls Ages 9-11
- 1-4 3:00 to 4:00pm Boys Ages 12-15
- 1-5 4:00 to 5:00pm Girls Ages 12-15

Session 2: Monday to Friday

July 18-29

- 2-1 12pm to 1:00pm Boys & Girls Ages 6-8
- 2-2 1:00 to 2:00pm Boys Ages 9-11
- 2-3 2:00 to 3:00pm Boys Ages 12-15
- 2-4 3:00 to 4:00pm Girls Ages 9-11
- 2-5 4:00 to 5:00pm Girls Ages 12-15

Session 3: Monday to Friday

Aug 1 - 12

- 3-1 12pm to 1:00pm Boys & Girls Ages 6-8
- 3-2 1:00 to 2:00pm Girls Ages 12-15
- 3-3 2:00 to 3:00pm Boys Ages 9-11
- 3-4 3:00 to 4:00pm Boys Ages 12-15
- 3-5 4:00 to 5:00pm Girls Ages 9-11

Session 4: Monday to Friday

Aug 15-26

- 4-1 12pm to 1:00pm Boys & Girls Ages 6-8
- 4-2 1:00 to 2:00pm Boys Ages 9-11
- 4-3 2:00 to 3:00pm Girls Ages 9-11
- 4-4 3:00 to 4:00pm Boys Ages 12-15
- 4-5 4:00 to 5:00pm Girls Ages 12-15



ADULT LESSONS

8 classes \$115 4:1 ratio

Session 1: Monday/Wednesday

July 4-27

- A-1 Beginner 6 to 7pm
- A-2 Intermediate 7 to 8pm

Session 2: Tuesdays/Thursdays

Aug 2-25

- A-3 Beginner 7 to 8pm
- A-4 Intermediate 6 to 7pm

Advanced courses are available!

Please call: 488-2492

email: headstarttennis@hotmail.com



Also offering on-site racquet stringing!

For more info, call: 488-2492

JUNE AFTER SCHOOL DATES:

8 Sessions Cost \$115 per participant

Mondays and Wednesdays

June 6 - 29

- J-1 3:30 to 4:30pm Boys & Girls Ages 6-8
- J-2 4:30 to 5:30pm Boys 9-11
- J-3 5:30 to 6:30pm Girls Ages 9-11
- J-4 6:30 to 7:30pm Girls Ages 12-15
- J-5 7:30 to 8:30pm Boys Ages 12-15

Tuesdays and Thursdays

June 7 - 30

- J-6 3:30 to 4:30pm Boys & Girls Ages 6-8
- J-7 4:30 to 5:30pm Girls Ages 9 to 11
- J-8 5:30 to 6:30pm Boys Ages 9-11
- J-9 6:30 to 7:30pm Boys Ages 12-15
- J-10 7:30 to 8:30pm Girls Ages 12-15

Fridays and Saturdays

June 10 - July 2

- J-11 Boys & Girls Ages 6-8 Fri. 3:30pm Sat. 9am
- J-12 Girls Ages 9-11 Fri. 4:30pm Sat. 10am
- J-13 Girls Ages 12-15 Fri. 5:30pm Sat. 11am
- J-14 Boys Ages 9-11 Fri. 6:30pm Sat. 12pm
- J-15 Boys Ages 12-15 Fri. 7:30pm Sat. 1pm

Schedule subject to change. Space is limited.

NOTE: NS OPEN IS AUGUST 27 TO SEPT 3

Rather than attempting to run the training program during this week, we encourage, (as part of our training program), all participants to compete in this event. The coaches services for pre and post match talks will be available on site or by phone throughout the week.

headstarttennis@hotmail.com



HEADStart YOUR COACHES

Everett is a student at Halifax Grammar School and has been in training programs with Headstart for several years. This Winter he assisted with the running of many Headstart classes at Northcliffe in preparation for undertaking his first summer of coaching with us at Conrose and St Mary's Boat Club. Please help us welcome him into the coaching profession this summer!



Everett Grunsky

Josh has just finished his 2nd year at Dalhousie University and spent the winter working with Headstart at Northcliffe Tennis Club. Josh has also been working on his Coach 2 certification this year and is looking forward to spending some time on the outdoor courts at Conrose and St Mary's Boat Club. We are very pleased to have Josh's abilities available to our program.



Josh Chabinka

Supervisor: Jamie Power

contact:

headstarttennis@hotmail.com
www.headstarttennis.com



HEADStart

Tennis

Application Form

Please Make all cheques payable to Headstart Tennis. All prices include 15% HST.

Player's Name: _____

Guardian's Name: _____

Birth date: _____ (Day/Month/Year)

Street Address: _____

City: _____ Postal code: _____

Home Phone: _____ Work: _____

Cell: _____

email: _____

Check the appropriate box. Please use one form per participant.

Summer Sessions:

- 1-1 1-2 1-3 1-4 1-5
2-1 2-2 2-3 2-4 2-5
3-1 3-2 3-3 3-4 3-5
4-1 4-2 4-3 4-4 4-5

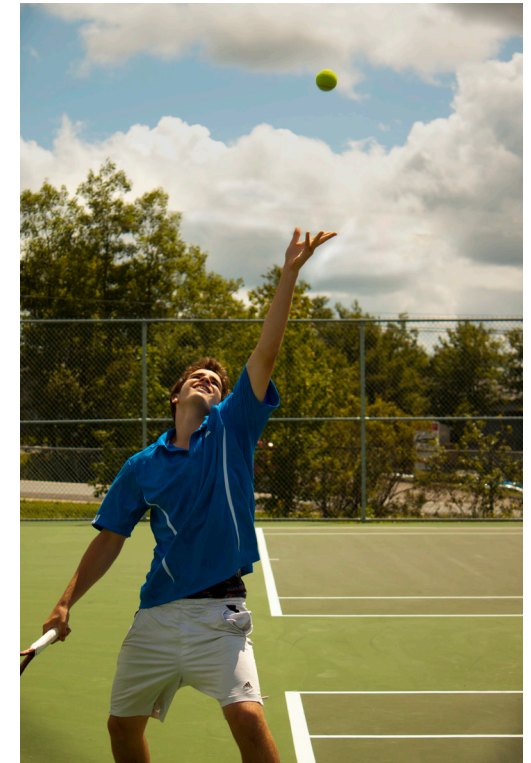
June (after school):

- J1 J2 J3 J4 J5
J6 J7 J8 J9 J10
J11 J12 J13 J14 J15

Adult Lessons:

- A1 A2 A3 A4

SUMMER 2011



**ADULT, YOUTH, AFTER SCHOOL
AND ADVANCED CAMPS
AT CONROSE AND ST. MARY'S
BOAT CLUB COURTS**

headstarttennis@hotmail.com
www.headstarttennis.com